



THERAPY GUIDE

Jennie Reay is a
Psychotherapist,
Spiritual Teacher,
Healer & Psychic
Medium. These are
her 1 to 1 Offerings
to assist in your
Healing Journey.

www.thedivineedge.co.uk





WELCOME



Hello, my name is Jennie Reay. Healing and working with Spirit have always been my soul's calling. From a young age, I was drawn to the path of healing, and my own journey through life's challenges has gifted me with wisdom, empathy, and a deep commitment to supporting others.

I truly believe that each of us carries within us the ability to heal, grow, and return to our true essence. The journey may sometimes feel heavy or uncertain, but you don't have to walk it alone. When you work with me, I will walk beside you with compassion, guiding you to connect with your inner strength, release what no longer serves you, and embrace the beautiful, authentic self that is waiting to shine



EXPERIENCE

My journey into healing began in 2007 when I trained as a Bowen Therapist, after years of living with fatigue and pain that Bowen treatment helped to ease. This experience, together with my love of spiritual well-being led me to Reiki in 2009. Around that time, training with a Psychic Medium awakened my own spiritual gifts and opened the door to a lifelong path of learning and healing.

In 2011, I began Psychodynamic Counselling training while deepening my connection through meditation, spiritualist circles, and workshops. Alongside my practice as a holistic therapist, I supported clients at Wirral Mind and taught adults in education, combining my passion for both healing and teaching.

By 2016, I was training counsellors and later completed my Sunpervision Diploma, allowing me to guide other professionals. My path has since been enriched through training in Psychic and Mediumship with Tracy Melia, studies at the Arthur Findlay College, Soul Retrieval with Christine McKinnon, and Spirit Release with David Furlong.

Through the guidance of my teachers, healers, and spirit guides, I have been blessed to grow into the work I now offer. Since 2017, alongside one-to-one sessions, I have also had the joy of training other healers, psychics, and mediums as they step into their own gifts.

I love this Work. It's My
Passion,
My Soul and My Own Life
Journey!



PSYCHIC READINGS

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ORACLE OF LIGHT READING

Illuminate your path with Spirits Guidance

£55



The Oracle of Light Reading £55 (The Signature Reading)

My signature deep connection reading where we

Work in real time for upto an hour. This allows space for dialogue and exploration. Session combines Psychic guidance, Mediumship and some cards offering clarity, reassurance and direction.

Best for: Spirit Connections & Deeper life questions

Format - Online or in person

Duration - 40-60 mins

The Intuitive Insight Reading £40 (The Clarity Reading)

A personalised Tarot Reading recorded just for you and delivered privately as an audio message alongside photo images of reading. You can have a general reading or focus on a specific area of your life such as love, career. or life direction

Best for: Clarity on a specific situation or general guidance

Format - Online or in person

Duration - 20-30 mins (Recorded with images)

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INTUITIVE INSIGHT READING

Cultivating the Power and Guidance of the Tarot

£40



The Oracle Insight Reading £25 (Quick Guidance Reading)

Sometimes the guidance we need arrives in the simplest of ways. Using Oracle cards and intuitive connection, this reading brings forward messages, insight and gentle guidance to support your path.

Best for: Spirit Connections & Deeper life questions

Format - Online or in person

Duration - 15-20 mins (Recorded with images)

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ORACLE INSIGHT READING

Seeking answers within the Oracle

£25

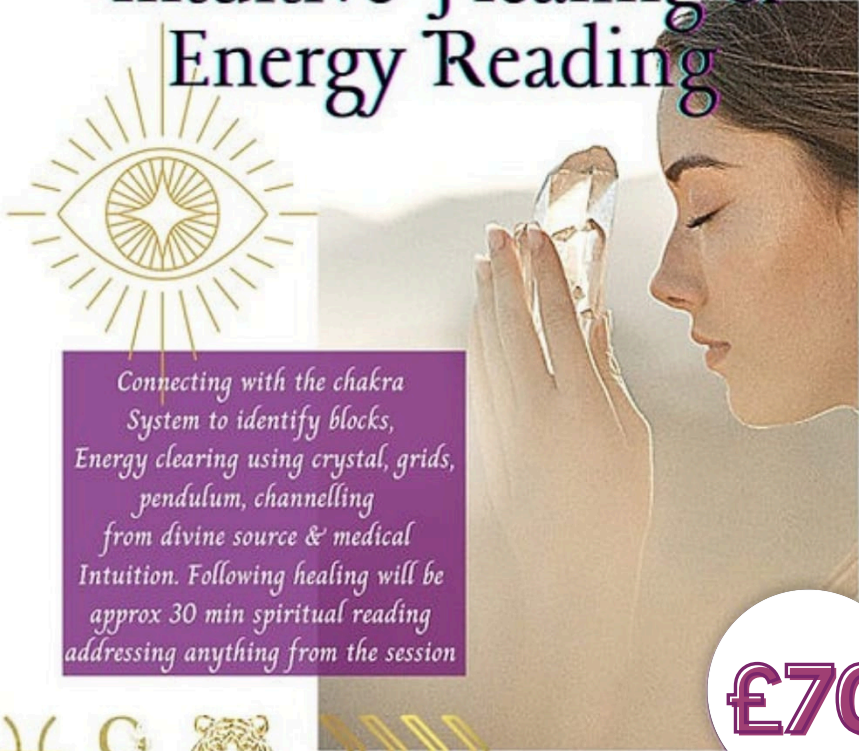


The Greatest Healer is Yourself!

HEALING WITH READINGS

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Intuitive Healing & Energy Reading



Connecting with the chakra System to identify blocks, Energy clearing using crystal, grids, pendulum, channelling from divine source & medical Intuition. Following healing will be approx 30 min spiritual reading addressing anything from the session

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£70

A 1 hr and half to 2 hr session using a crystal grid, Dowsing, channeling universal energy, medical intuition, psychic surgery and spiritual guidance. As well as receiving Healing where required (including clearing your aura) you will discover what's occurring within your energy field. The spiritual reading may include *Connecting with past lives *Connecting with Spirit guides * messages from passed loved ones *identifying what's needed for the body, mind and spirit * future predictions and general spiritual guidance.

Past Life Journeying



I go in a trance, journeying to explore your past life which needs most healing. Connecting in with both your higher self and our guides we will deliver healing to your past self and situation which will come through to you. I will send you a voice recording of all my findings for you to keep



£65



HEALING WITH READINGS

Past Life Journeying is carried out remotely. I connect with our guides, go into trance and journey into your past life that requires healing. I will use a variety of Spirit Release techniques to send healing to the past life. I will give you a video recording of any findings and use past a variety of cards to do a reading to make sense of any additional healing required. All remote sessions must be paid for in advance



PSYCHOSPIRITUAL & SPIRIT RELEASE

Ancestral healing is a 1 to 1 session where we explore issues which may stem from the family system which may include generational patterns, beliefs and trauma which may require healing. We look at the genealogy before going into a trance state. We invite in your ancestors and identify where the issue began. This can be a wonderful healing process as healing is sent to our ancestor and through the family line.

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Ancestral Healing

Healing the wounds of the past, present and future

What if you were able to heal the wounds of your ancestors and pass that healing on to yourself and those to follow. This Psychospiritual therapeutic session is powerful and transformational bringing you close to loved ones in spirit.





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Spirit Release Therapy

Ego states & Soul Integration

Using a variety of Spirit Release techniques we work with the unhealed sub personality or dissociated parts which may have split during trauma or stress. Such parts are susceptible to many forms of spirit attachment keeping the client stuck. The session aims to release, heal and reintegrate all aspects of self.



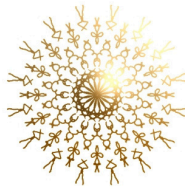


1 to 1 session where I guide you into a trance state connecting with your higher self to release any energy interference from other sources. There is a focus on the unhealed sub personalities and disassociated parts that may occur through trauma or stress. Such may be susceptible to Spirit attachment keeping clients stuck. These sessions aim to release, heal and reintegrate all aspects of self.

PSYCHOSPIRITUAL & SPIRIT RELEASE

A sacred therapeutic journey combining Shamanic soul retrieval and modern transpersonal psychotherapy approaches. Through guided trance or hypnotherapy, we work gently with Spirit Guides to restore lost or fragmented aspects of the self. Each session concludes with deep integration and grounding.

#DivineEdge Soul Retrieval



During traumatic incidences parts of our Spirit may split off and stay stuck leaving us feeling lost and ungrounded. During this session which can be in person or remote we go into trance using a drum journey to find any missing parts, bringing them back to be reintegrated into your energetic system. This is a powerful session in which you may connect with spirit guides including animal guides working with you for your own healing.



£60

#DivineEdge Cord Cutting & Energy Realignment



This powerful restorative hypnotherapeutic session combines guided hypnosis and energetic healing techniques to help release unwanted energetic ties and restore balance within the mind, body, and spirit. Through cord cutting, chakra alignment, meridian balancing, and Higher Self connection, we create space for healing, clarity, and renewal.



£50

Following a connection with your Higher Self, I will guide you into a deep trance state where we identify and release unhelpful or toxic energetic cords. Through powerful Solar Plexus healing, we reclaim your personal power, confidence, and sense of self. With the support of Spirit, we then continue into a profound trance healing session, restoring balance and harmony throughout the chakras and meridian system.



SPIRIT RELEASE & HOME CLEARINGS

Alchemy In Spirit is a Collaboration between myself and Danelle Kane in remote spirit release clearing and healing sessions for individuals and properties. Below are our 3 products that can be booked directly via emailing thedivineedge@mail.com if you are just looking for entity and Earthbound releasement from home this can be booked for £55.

It is recommended to have the Energy Reset Package prior to commencing a course of 1 to 1 Spirit Release Therapy sessions where there appears to be many energetic and spiritual issues present. Regular maintenance Clearings are recommended for psychics, mediums, healers and people working in busy and negative environments (nurses, doctors).

ENERGY RESET PACKAGE

£77

- ✓ Scanning & Clearing of Auric field & Physical body using combination dowsing, Psychic & Mediumship
- ✓ Psychic Surgery with Spirit Doctors
- ✓ Check and clear, any attached negative energies, demonic, parasitic entities, extra-terrestrial entities, and Earthbound Spirits
- ✓ Check and clear Curses, Psychic Attack
- ✓ Check and close and negative portals in your etheric field, (doorways).
- ✓ Removal of negative cords (emotional connections between people inc soul ties)
- ✓ Check and clear any negative thought forms.
- ✓ Check for Soul Fragmentation and Reintegrate if necessary
- ✓ Chakra Clearing, Balancing and ensuring Grounding & Sovereignty

AFTERCARE PACKAGE

- ✓ Energy Protection Techniques
- ✓ Spirit Release Meditation
- ✓ 10% Discount off 1 to 1 Sessions listed in Additional Services



HOME HEALING PACKAGE

£155

- ✓ Full house Clearing, removal of earth bound Spirits, negative entities.
- ✓ Removal of detrimental energy forms including thought forms.
- ✓ Clearing of Curses, Psychic Attack, spells.
- ✓ Clearing of power objects
- ✓ Closing of all energetic portals in the home.
- ✓ Clearing of Psychic energy imprints, human conflict area, illness and death residues
- ✓ Clearing animal spirits, elemental spirits and interdimensional beings.
- ✓ Identification and healing of negative ley lines, Energy lines, water lines, stress lines Energy spirals, stress spirals and sink holes.
- ✓ Identifying and healing technopathic stress.
- ✓ Healing of place memory and if required land/earth energies
- ✓ Identification and healing of fabric lines
- ✓ Home will be Blessed & protection put in place.
- ✓ Receive an email report and aftercare including recommendations for your home.

AFTERCARE PACKAGE

- ✓ Guide to Energy Protection
- ✓ Protection Prayer for Home
- ✓ Home Blessings Wall art
- ✓ 10% Discount off 1 Additional Service
- ✓ Receive floor plan of home outlining findings

QUANTUM RESET PACKAGE

£211

Quantum Reset: Home + Body Alignment
A transformative experience to clear, balance, and elevate the energy of both your space and your self.



AFTERCARE PACKAGE with Additional Benefits

***Guide to Energy Protection ***Protection Prayer for Home ***Home Blessings Wall art ***15% Discount off 1 Additional Service ***Receive floor plan of home outlining findings ***Personalised Sovereign Decree ***Spirit Release Meditation

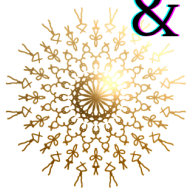
Please contact us for quotations for larger properties and for Clearings of more than one resident in the household

HEALINGS

Ever wondered what was before this life? An amazing 2 hr healing session with a Hypnotherapeutic Regression taking you through one or several past Lives. This may help you make sense of fears, anxieties, life patterns or Karma that needs healing. The session includes consultation, Regression, Healing. Integration and an opportunity to explore what came up

Divine Edge

Past Life Regression & Healing



A powerful two-hour Past Life Healing Session combining hypnotic regression with therapeutic healing, release techniques, and soul integration. Explore past-life memories, soul experiences, and deeper insights that may bring understanding to current challenges, recurring patterns, relationships, fears, and life lessons. Includes a pre-session consultation, guided regression, healing integration, and post-session reflection.

£111



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Reiki Healing & Aura Balance



Enter a deep sense of relaxation and balance all your energy centres using the universal life force energy. This is a 1 hr Usui Reiki Session incorporating aura Cleansing with clear quartz dowsing and a clear quartz crystal grid to cultivate the healing energies.

£40



A relaxing healing session using the wonderful life force energy in Usui style. This is an hour long treatment bringing in calm and balance. We start with creating a clear quartz grid and use a dowsing pendulum to clear the auric field. This is followed by some hands on healing. The aim is stress reduction and bringing in energetic balance to the aura and chakra systems.

PACKAGES

Are you ready for positive transformation?

Ready to heal and start a new journey into you? These packages are designed to assist you in your healing journey. Let go of limiting beliefs, release the old, and create new positive patterns today!

Soul Foundations

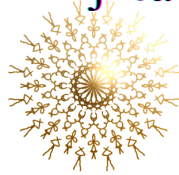
This healing program is perfect for beginners looking to incorporate healing techniques into their lives. Specifically tailored for those suffering from depression or anxiety, this program provides practical tools and strategies to enhance your mental and spiritual well-being. Begin your spiritu journey today.

**Soul Centred Healing*

A deep dive into Spiritual healing using techniques including spiritual readings, spirit release, ancestral healing, soul retrieval and more. This program is a spiritual and energetic reset, connecting you to your higher self, higher purpose whilst free ing you from outdated negative patterns. Embark on a deeper healing journey now.

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Soul Foundations 6week Healing Container




Six week 1 to 1 healing program to reduce stress, anxiety and depression. A holistic approach to mental, emotional and spiritual well being. You will self reflect, be guided through visualisations and learn a variety of ways to assist your healing including EFT, Crystals, Chakra Balancing, Journalling, Release work, Mindfulness, Self Love Manifestation and Connecting with Your Higher Self.



£247

#DivineEdge 

Soul Centred Healing Transformation Program




Are you ready to commit to some deep inner work? I will use my knowledge and abilities as a healer, counsellor and psychic & Spirit release practitioner to guide you through a 5 week 1 to 1 healing journey. Connect with your higher self, work through subconscious blocks, release trauma and allow yourself to be empowered by this transformative journey of healing.



£247

#DivineEdge

Awakening the Channel Mentorship Program



A personalised 6 wk, 1:1 journey to awaken your gifts, strengthen your spiritual connection, and build confidence in your readings. Guided by your own needs and goals, we'll explore intuitive practices, psychic tools, meditation, and philosophy. Suitable for beginners and those with some experience, this mentorship helps you expand your awareness and step fully into your spiritual power.

£247

MENTORSHIP

Awaken your intuitive gifts and deepen your connection with spirit. This 1:1 mentorship is a personalised 6-week journey guided by your own needs and goals. Each session is uniquely tailored, offering a balance of theory, philosophy, and practical development to support your psychic and mediumship growth. Together, we may explore:

- ✦ Strengthening your spiritual connection
- ✦ Using Psychic tools with confidence
- ✦ Deepening meditation and intuitive practices
- ✦ Exploring philosophy and spiritual awareness
- ✦ Guidance, feedback, and mentorship on your readings

Whether you are a beginner stepping into your gifts or someone with foundations seeking to deepen and refine your practice, this mentorship offers a safe and supportive space to grow and develop your intuitive abilities.

“

Truly gifted woman. Had a Reiki session with Jennie. Found it very powerful, left me feeling rested and peaceful. Jennie was able to share some answers I'd been looking for and able to guide me on what I need to work on. Thank you Jennie. Wonderful experience.

”

“

Had a fantastic Reiki session with Jennie, can't recommend her enough. She was spot on with a lot of things she told me. A lovely lady, very friendly and welcoming. Thanks Jennie.

”

“

She has done an amazing job in helping me heal the issues I had and I would recommend her to anybody who's looking for a counsellor/spiritual guidance. She's an absolute credit to her field.

”

“

The stuff from the psychic reading blew me away. Wow. Stuff that nobody could possibly know, it was so accurate. I've had a few readings but never been given so much information before that I could 100% take. Even started singing Puff Daddy . Every Step you Take, which is my brothers song. Think this is a gift you should share more often. Thankyou.

”

“

I have just had an intuitive healing session with Jennie
Honestly I'm blown away by how much came through
Jennie is such a beautiful soul and creates a space of safety and holds the space to bring through beautiful healing energy.💜💫

”

“

I 100% recommend Jennie and her readings. I was absolutely blown away by the information and guidance
I received, not to mention the amazing guidance from loved ones passed. Its the best reading I've had in years!
Thankyou so much xxxxx

”

“

I would highly recommend Jennie she has worked with me for the last 2 months using various techniques which have been very useful and practical. She is empathetic and supportive and guides you in the right direction at a pace that is good for you .

”

“

I was led, I have to admit divinely, to Jennie, having reached a stage in my life where the pain from childhood trauma, addiction, serious illness and deep personal loss had become unbearable. Along with all the confusing and frightening spirit events I have had since Maybe Jennie showed me an empathy, a compassion and understanding that I'd never experienced. To have someone truly listen; to my pain, my tears, my fears, my hopes and my experiences with matters of the spirit finally offered me the opportunity to not only begin to heal but also to understand the path I was on.
My spiritual journey.

I honestly can't rate Jennie highly enough. Darren

”



Reiki Refresher Day

1 to 1. Tailored to your needs

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Need to refresh on your Reiki skills? Increase your confidence? Or maybe you would like to work with another master. Today is tailored to you, whatever your needs are. Sessions are 6 hours and include the necessary manuals to update your skill set. I am a Reiki Master/Teacher with 15 years experience.



£144



OFFERINGS

Healing, Spiritual & Psychic Development.



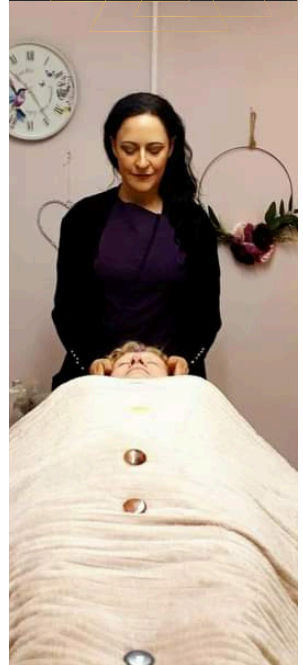
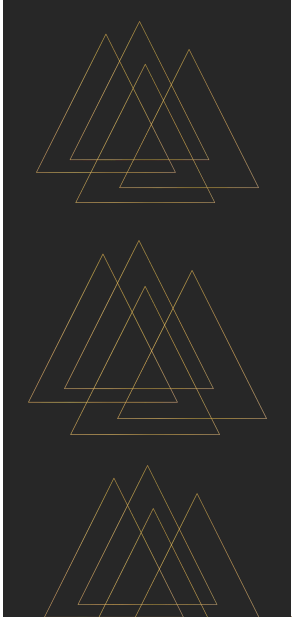
- * Psychotherapeutic Packages
- * Intuitive Healing & Spiritual Reading
- * Spirit Release Work
- * Ancestral Healing
- * Individual & Couples Counselling
- * Spiritual Guidance
- * Animal Healing
- * Past Life Healing
- * Psychic, Spiritual & Energy Work Training.
- * Counselling, Psychic & Energy Work Supervision.





**The Greatest Healer is
Yourself**

**Book your free Exploration
Call!**



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