

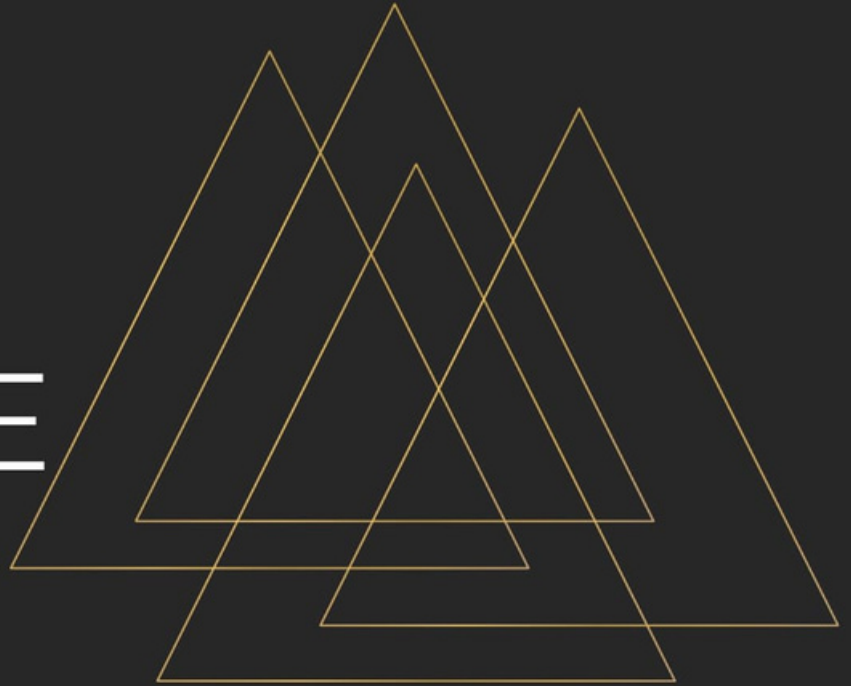


# THERAPY GUIDE

Jennie Reay is a Counsellor,  
Healer & Spiritual Teacher.  
These are her 1 to 1 Offerings to  
assist in your Healing Journey.



# WELCOME



Hi my name is Jennie Reay. Working as a healer, counsellor and with Spirit has been in my heart for as long as I can remember. My own healing journey began as a teenager and since then....well lots of life lessons that all now make sense as they have given me the knowledge, empathy and commitment to the work I do with my clients. I am a strong believer that we all have the capacity to heal, change and grow. The journey may not be an easy one, but know if you chose to work with me I will empower you and help you connect with your own strengths and address any limitations holding you back from stepping into the real you!

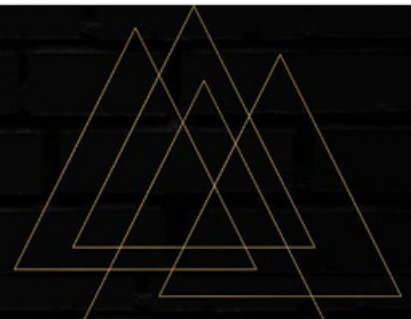


# EXPERIENCE

I began my therapeutic practice in 2007 as a Bowen Therapist following years of fatigue and pain which was relieved following Bowen treatment. This, and my interest in Spiritual well-being, led me to discover Reiki in 2009. My training with a Psychic Medium opened the floodgates to my own spiritual abilities, and so began my personal journey into learning all things psychic, spiritual and healing in nature.

In 2011 I began my Psychodynamic Counselling training, joined a spiritualist church, open circles, meditations and workshops. Workwise, I practiced independently as a holistic therapist, counselled at Wirral Mind, and taught English, Maths, It, and Employability Skills to adults. By 2016 I was training counsellors at Jean Little Counselling Agency and would later complete my Supervision Diploma enabling me to supervise other professionals. I have since completed Psychic and Mediumship Training with Tracy Melia of Eternal Law, courses with Arthur Finlay College, Soul Retrieval with Christine Mccinnon and Spirit Release Training with David Furlong. I have experienced healing and therapeutic work myself with some amazing teachers and my connection with my own personal guides has brought me here today. As well as offering many 1 to 1 therapeutic sessions, I have been training other healers, psychics and mediums since 2017

I love this Work. It's My  
Passion,  
My Soul and My Own Life  
Journey!



# COUNSELLING

Divine Edge

## Psychodynamic Counselling



*Exploring your subconscious, releasing past trauma and discovering your behavioural and thought patterns. Learn to understand yourself at a deeper level and heal feelings of depression, anxiety and self doubt, replacing with empowerment and self love.*

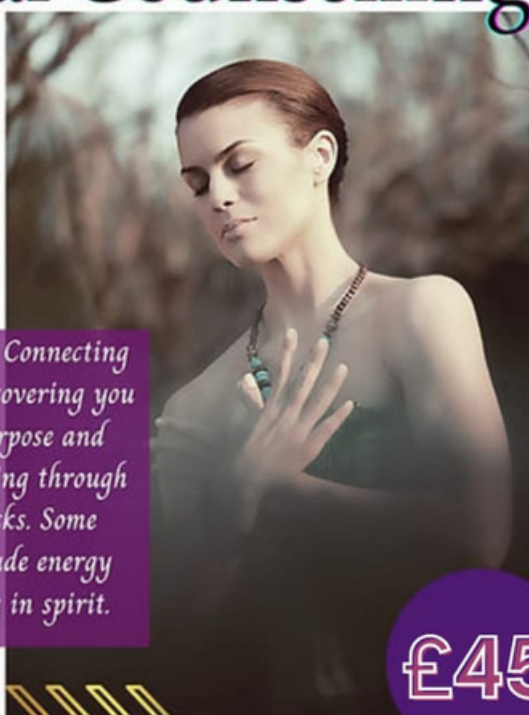


£45

Divine Edge



## Spiritual Counselling



*A journey into self. Connecting with your gifts, discovering you and your soul purpose and releasing and working through subconscious blocks. Some sessions may include energy work and inviting in spirit.*



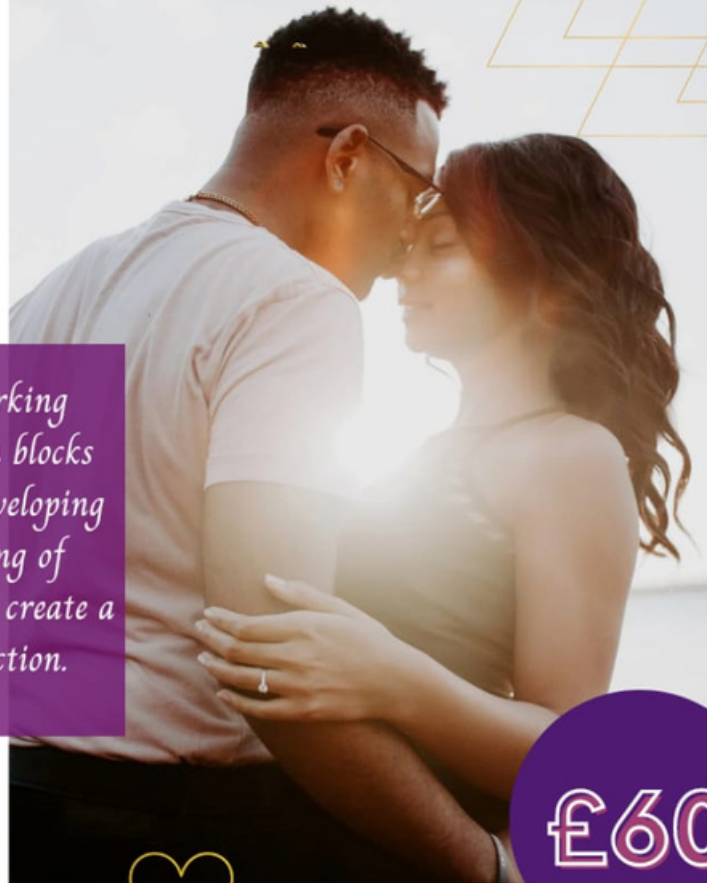
£45



# Relationship Counselling



*Resolving Conflict, working through communication blocks and intimacy issues. Developing a deeper understanding of relationship dynamics to create a deeper, stronger connection.*



£60

## RELATIONSHIPS

You may choose counselling for your romantic relationships or even relationship with a friend or family member to help better understand the dynamics, heal conflict and strengthen the connection and communication. Transactional Analysis may form part of the work where we explore the roles each person plays as well as power dynamics.

You can come for Counselling as an individual and explore your relationships both with others and yourself, and heal present situations as well as unresolved issues from childhood.

Spiritual counselling may suit you if you are experiencing connections more spiritual in nature including soul mate and twin flame dynamics and hope to gain greater understanding of relationship and the impact on your life.

# PACKAGES

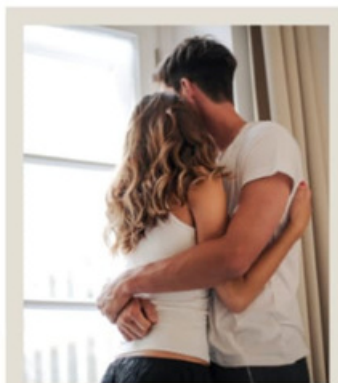


I offer discounts on courses of Counselling and psychotherapeutic sessions.

These must be booked and paid for in advance. I also offer discounts for people currently in receipt of benefits.



## THERAPEUTIC PACKAGES



**4 Counselling Sessions  
For Couples**

**£190**



**Individual Psychodynamic  
Counselling 4 Sessions**

**£155**



**Psychotherapeutic  
Intuitive Healing  
Program- 5 hrs**

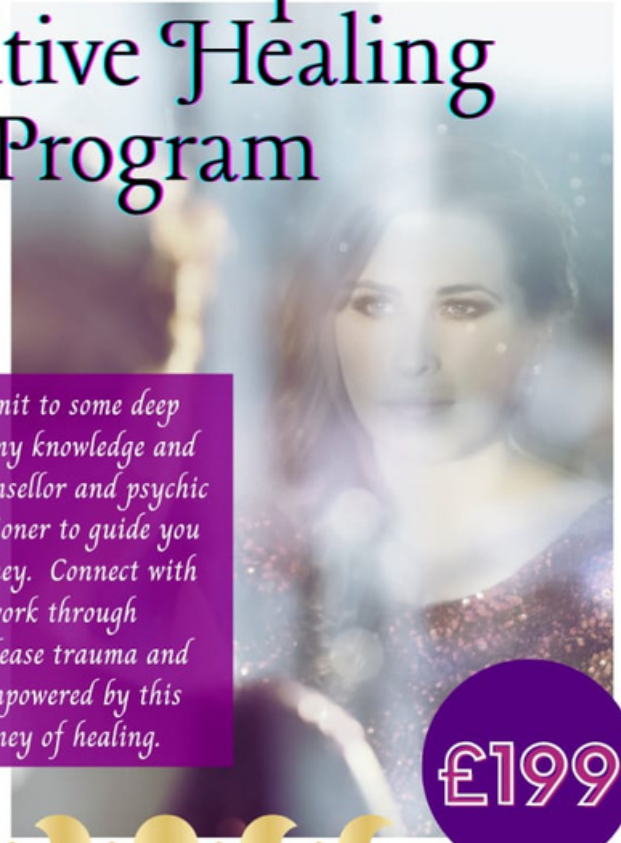
**£199**



Book your FREE Healing Consultation  
[www.thedivineedge.co.uk](http://www.thedivineedge.co.uk)



# Psychotherapeutic Intuitive Healing Program

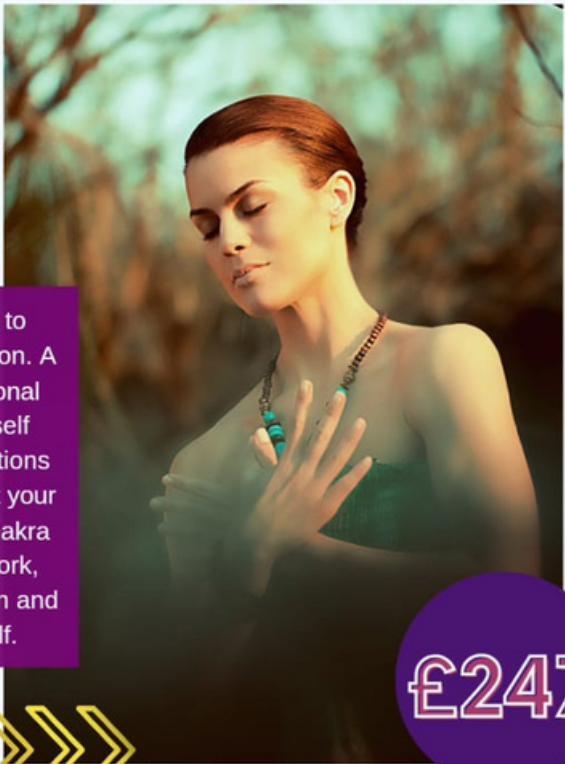


*Are you ready to commit to some deep inner work? I will use my knowledge and abilities as a healer, counsellor and psychic & Spirit release practitioner to guide you through a healing journey. Connect with your higher self, work through subconscious blocks, release trauma and allow yourself to be empowered by this transformative journey of healing.*

£199



# Mindfit 6 week Transformation Program



Six week 1 to 1 healing program to reduce stress, anxiety and depression. A holistic approach to mental, emotional and spiritual well being. You will self reflect, be guided through visualisations and learn a variety of ways to assist your healing including EFT, Crystals, Chakra Balancing, Journalling, Release work, Mindfulness, Self Love Manifestation and Connecting with Your Higher Self.

£247



# HEALING



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## Intuitive Healing & Energy Reading



*Connecting with the chakra System to identify blocks, Energy clearing using crystal, grids, pendulum, channelling from divine source & medical Intuition. Following healing will be approx 30 min spiritual reading addressing anything from the session*

£65



A 1 hr and half to 2 hr session using a crystal grid, Dowsing, channeling universal energy, medical intuition and spiritual guidance. As well as receiving Healing where required ( including clearing your aura) you will discover what's occurring within your energy field. The spiritual reading may include \*Connecting with past lives \*Connecting with Spirit guides \* messages from passed loved ones \*identifying what's needed for the body, mind and spirit \* future predictions and general spiritual guidance.





# Tameana Healing



*Profound Vibrational work taught by the Pleiadians using sacred symbols activated by clear quartz to work with the vibration of our energetic system. Tameana (The Sacred Triangle) is defined as a practice from the stars in Ancient Lemuria. Light Language and channelled messages may also be included within this session. £122 for 3 Sessions or £50 for 1 session.*

£122



# Bowen Therapy



*A gentle treatment for symptoms of Fibromyalgia, ME, CFS and other Muscular Skeletal Conditions. A course of 3 sessions taken 1 week apart*



£122



# PSYCHOTHERAPEUTIC

1 Ancestral healing is a 1 to 1 session where we explore issues which may stem from the family system which may include generational patterns, beliefs and trauma which may require healing. We look at the genealogy before going into a trance state. We invite in your ancestors and identify where the issue began. This can be a wonderful healing process as healing is sent to our ancestor and through the family line.



## Ancestral Healing

Healing the wounds of the past, present and future

*What if you were able to heal the wounds of your ancestors and pass this healing to yourself and those to follow?*

*This Psychospiritual therapeutic session is powerful, transformational and brings you close to your family in spirit. £122 for 3 sessions or £50 for 1.*



£50

# SPIRITUAL OFFERINGS

Past Life  
Journeying is  
carried out  
remotely. All  
distant  
readings/Healing  
must be pre  
booked and paid  
for in advance  
with a valid  
telephone/email  
to send  
recordings or  
further  
information to.

#DivineEdge

## Past Life Journeying



*I go in a trance, journeying to explore your past life which needs most healing. Connecting in with both your higher self and our guides we will deliver healing to your past self and situation which will come through to you. I will send you a voice recording of all my findings for you to keep*



£45



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## Spiritual Guidance



*An in person session using a combination of Tarot, Oracle cards, Psychic and mediumship abilities to offer spiritual guidance looking at both past, present and future energies.*



£40

Spiritual Guidance can also be offered as a remote session. If you are unable to attend in person, we can do online or via video call



“

Truly gifted woman. Had a Reiki session with Jennie. Found it very powerful, left me feeling rested and peaceful. Jennie was able to share some answers I'd been looking for and able to guide me on what I need to work on. Thank you Jennie. Wonderful experience.

”

“

Had a fantastic Reiki session with Jennie. can't recommend her enough. She was spot on with a lot of things she told me. A lovely lady, very friendly and welcoming. Thanks Jennie.

”

“

She has done an amazing job in helping me heal the issues I had and I would recommend her to anybody who's looking for a counsellor/spiritual guidance. She's an absolute credit to her field.

”

“

The stuff from the psychic reading blew me away. Wow. Stuff that nobody could possibly know, it was so accurate. I've had a few readings but never been given so much information before that I could 100% take. Even started singing Puff Daddy, Every Step you Take, which is my brother's song. Think this is a gift you should share more often. Thankyou.

”

“

I have just had an intuitive healing session with Jennie  
Honestly I'm blown away by how much came through  
Jennie is such a beautiful soul and creates a space of safety and holds the space to bring through beautiful healing energy 🌸💜🌟

”

“

Jen has provided a very insightful and emotional psychic reading & revealed things only I knew. Jen gave me some hope & guidance for the future. would recommend her to others. Thank you 💕

”

“

I would highly recommend Jennie she has worked with me for the last 2 months, using various techniques which have been very useful and practical. She is empathetic and supportive and guides you in the right direction at a pace that is good for you.

”

“

I have been seeing Jennie for Bowen therapy at concept corner I have felt much better after only a few sessions I suffer with back and Achilles issues and have tried absolutely everything apart from being so relaxed and nearly always falling asleep I do feel pain relief and better in myself. Jennie is amazing I could recommend her therapies 100 percent thank you Jennie x

”





# OFFERINGS



Healing, Spiritual &  
Psychic Development.

- \* Psychotherapeutic Packages
- \* Intuitive Healing & Spiritual Reading
  - \* Spirit Release Work
  - \* Ancestral Healing
- \* Individual & Couples Counselling
  - \* Spiritual Guidance
  - \* Animal Healing
  - \* Past Life Healing
- \* Psychic, Spiritual & Energy Work Training.
- \* Counselling, Psychic & Energy Work Supervision.



As well as those listed I am qualified in a variety of other practices which I am also able to offer including Womb Healing, Spirit Release ( including houses), Working with Sub personalities, Soul Retrieval and more. I tailor sessions within the Intuitive Healing Psychotherapeutic package if you are interested in working with me for a course of healing.



**The Greatest Healer is  
Yourself**

**Book your free Exploration  
Call!**

